

ATHLETICS (MEN & WOMEN)

1. The meet shall be conducted according to the rules of Amateur Athletic Federation of India, with required modifications if necessary.
2. Every college will be entitled to enter two athletes in each event for the zonal / state competitions, except in relay races where a team of maximum six athletes can be entered.
3. List of events in which competition will be held: -

| Men | Women |
|------------------------|------------------------|
| 100M | 100M |
| 200M | 200M |
| 400M | 400M |
| 800M | 800M |
| 1500M | 1500M |
| 5000M | 4x100M Relay |
| 10000M | 4x400M Relay |
| 4x100M Relay | Long Jump |
| 4x400M Relay | High Jump |
| Long Jump | Shot Put (4 KG) |
| Triple Jump | Discus Throw (1 KG) |
| Pole Vault | Javelin Throw (600Gms) |
| Hammer Throw (7.26 KG) | |
| High Jump | |
| Shot Put (7.26 KG) | |
| Discus Throw (2 KG) | |
| Javelin Throw (800Gms) | |

NOTE: Weight of all the equipment's shall be carefully checked beforehand and signed by the State secretary.

4. An athlete can participate in maximum three individual events and in both the relays.
5. In case of relays, all the six members of the team (if six names are given before the meet in the eligibility Performa and all six have attended the meet) irrespective of who runs the finals, shall be awarded the Medals and Certificates.

6. The Overall Championship separately in Men and Women sections may be decided. The points shall be awarded according to the following system: -

| Position | Individual Events | Team Events (Relays) |
|-----------------------|--------------------------|-----------------------------|
| 1 st Place | 7 | 14 |
| 2 nd Place | 5 | 10 |
| 3 rd Place | 3 | 6 |
| 4 th Place | 1 | 2 |

7. The Merit Certificates shall be awarded only up to 3rd position. However, Participation Certificates will be awarded to all those who actually take part in State level.
8. A separate prize may be given to the Individual Champion in Men and Women section.
9. A prize may be given to the college scoring maximum points (total points in Boys' & Girls' categories) and may be declared as over-all Champions.
10. New Meet Record(s) wherever created should be clearly indicated as '**NMR**' and wherever the performance is equal to the existing record, may be clearly indicated as '**EMR**'.

BADMINTON

(Men & Women)

1. Badminton Competition will be conducted according to the rules of Badminton Association of Indian (BAI).
2. Yonex Mavis – 350 shuttle cock to be used is Nylon for all the matches in Zonal & State Level.
3. Every college will be eligible to send one team in the Zone Level Championship consisting of maximum five players.
4. All the participants must carry their valid college Identity-card.
5. All the matches must be played on indoor courts with proper lighting arrangements.
6. All the college should have minimum 3 players to take part in the team championship.
7. Only 1 player from each college can play maximum 2 matches comprising of each format (1 Singles & 1 Doubles).
8. In Championship, the order of play shall be: Singles – Doubles – Singles.
9. All the matches that are played on “knock-out basis” – shall be of best of three games of 21 points each. However, if the numbers of teams are more; the matches may be held on best of three games of 15 points each.
10. At Zonal and State Level all the matches will be played strictly on knock-out basis.
11. From each Zone first two position winning teams (i.e., winner & runners-up) will qualify to participate in the State Championship.
12. No change shall be permitted in the composition of team from Zonal Level to State Level.

BASKETBALL
(Direct State)
(Men)

1. The tournament will be conducted according to the Basketball Federation of India rules.
2. The number of players representing a college shall not more than 12.
3. All the matches at State Level shall be conducted on knock out basis.
4. The First, Second & Third position winning teams will be awarded merit certificate and all others teams will get participation certificate.
5. The match to decide the third and fourth positions shall also be played at State level.
6. In any match, played on knock out basis including the final, if there is a tie, extension of five minutes shall continue to be given till the game is decided.
7. The number “7” size Ball will be used for Men’s matches.
8. A team shall be prepared to play more than two matches in a day at State level.
9. In case a team forfeits & walks out of the court without completing the match, they shall lose the right to submit any protest and shall be debarred from rest of the tournament

FOOTBALL

(Men)

1. All the matches shall be played according to the rules of All India Football Federation, unless, otherwise modified in these rules.
2. A Football team shall consist of maximum 18 players. No player shall be allowed to take part in the tournament without proper kit.
3. All the matches at Zonal and State level shall be played on Knock out basis.
4. Up to the semifinal stage matches, the duration of the match shall be 25-10-25 min. and the finals shall be of 30-10-30 min.
5. Maximum five players can be substituted in a game.
6. Procedure to determine the winner of a match shall be on the basis of penalty kicks where the competition rules require there to be a winning team after a match has been drawn.
7. The referee shall choose the goal at which the penalty kicks have to be taken.
8. If after both teams have taken five penalty kicks each, and both have scored the same number of goals, or have not scored any goal, penalty kick continues to be taken in the order of 6th, 7th and so on alternately from each side, until one team has scored a goal more than the other from the same number of kicks.
9. With exception of the foregoing case, only players who are on the field of play at the end of the match, which includes extra time, are allowed to take penalty kicks.
10. From each zone, the first two position winning teams shall qualify for State level tournament.
11. The First, Second & Third position winning teams will be awarded merit certificate and all others teams will get participation certificate.
12. Semi-final losers will play the hardline match to decide 3rd and 4th place in the tournament at the State level.
13. There shall be at least two-hour gap between the end of the earlier match and the commencement of the next match.

TABLE TENNIS
(Direct State)
(Men & Women)

1. All the matches will be played according to the rules of the Table Tennis Federation of India (TTFI)
2. Every college will be entitled to enter one team in each group separately in Men & Women category.
3. In Men Category, the team shall consist of maximum five & minimum three players.
4. In Women Category, the team shall consist of maximum five & minimum three players.
5. The order of play shall be as follows:

| Men Category | | | |
|--------------|---|-----|---|
| (i) | A | v/s | X |
| (ii) | B | v/s | Y |
| (iii) | C | v/s | Z |
| (iv) | A | v/s | Y |
| (v) | B | v/s | X |

6. The matches up to semifinal stage will be played as best of three sets. Final matches will be played as best of five sets.
7. The balls to be used in the tournament shall be Stag Supreme (3 Star).
8. At State level the tournament will be organized on knock out basis.
9. A game is won by a Player who scores 11 points with the difference of 2 point.
10. A match is played for best of 5 sets and out of which 3 sets should be won by the player.

VOLLEYBALL

(Men & Women)

1. The rules as adopted by the Volleyball Federation of India shall be followed, unless otherwise modified in these rules.
2. At Zonal and State level, all the matches shall be played on knock out basis.
3. The ball used for Zonal & State Level tournament is a Super Volley – Non-Stitched.
4. The matches at Zonal and State level shall be played as best of three sets, each set of 25 points. A set is won by the team which first scores 25 points with a minimum lead of two points. In the case of a 24 - 24 tie, play is continued until a two-point lead is achieved (26-24; 27- 25...)
5. Maximum two ‘time outs’ per set, of 30 seconds each will be allowed on the request of concerned coach/captain.
6. The color and design of the playing kit of the members of team must be the same, except for ‘libero’ (defensive player) who must wear a uniform contrast in color with that of the other members of the team.
7. The first & second position winning teams from every Zone will qualify to participate in State level tournament.
8. The First, Second & Third position winning teams will be awarded merit certificate and all others teams will get participation certificate.
9. A team shall consist of a maximum of 12 players.

CRICKET

(Men)

1. All the matches shall be played according to the rules of BCCI, unless, otherwise modified in these rules.
2. A cricket team shall consist of maximum 16 players in total. No player shall be allowed to take part in the tournament without proper kit.
3. All the matches at Zonal & State level shall be played on Knock Out basis.
4. The match overs are as follows:
 - Overs: 15 overs
 - Semi Finals Onwards: 20 overs
5. The ball used for Zonal & State Leve tournament is a 1983(Red Ball Signature).

BALL BADMINTON
(Direct State)
(Men & Women)

1. A match consists of 3 games. The team that wins two out of three games is the match winner.
2. A Ball Badminton team shall consist of maximum 8 players. No player shall be allowed to take part in the tournament without proper kit.
3. Each set will be played for 35 points (Rally System)
4. A set is won by the team which first scores 35 points with a minimum lead of two points. The final score will be 39.
5. In each set there will be 1 time out of one minute each.
6. A team will be allowed to substitute 3 players in each set.
7. There will three court change at – 9, 18 & 27 points
8. On the line ball is right
9. A player is allowed to attempt an out ball.